

Mindful mission

Carring Minds International hosts leading health professionals on Doctors' Day

Carring Minds International celebrated Doctors' Day with a host of health professionals from across the city. Hosted by founder and psychotherapist Minu Budhia, the event stood as a powerful

testament to a community deeply committed to pushing the boundaries to break the stigma surrounding mental health. The star-studded guest list featured a brilliant, distinguished cross-section of the healthcare community, who appreciated Dr

Minu's vision and the new facility. "We believe that mental health should be a topic at the breakfast table in every Indian household. Everyone should be talking freely without stigma. Our mission is to bring mental healthcare of

international standards within the reach of every individual. We were honoured to welcome Calcutta's leading medical minds to our new world-class facility," said Dr Budhia, psychotherapist and founder of Carring Minds International.



H.P. Budhia felicitated Dr Apurba Ghosh. "It is one of the best centres I have ever seen," said Dr Ghosh



Dr Rajarshi Neogi, Dr Prathama Chaudhuri, Dr Ranjan Ghosh and Dr O.P. Singh. "Carring Minds International is an outstanding, world-class mental health facility that sets a new benchmark for holistic mental healthcare," said Dr Singh



Dr Kunal Sarkar and Dr Balram Prasad. "Carring Minds is providing care and empathy to those who need them the most," said Dr Sarkar



Dr Mukesh Kochar with Preeyam Budhia and Vaibhav Gupta



Dr Hrishikesh Kumar and Dr Mona Tiwari



Dr Surabhi Goenka, Dr Vikash Kapoor, Dr Mahesh Goenka and Dr Pronab Dasgupta



Dr Pawan Agarwal and Dr Santosh Agarwal



Dr Gargi and Dr Hindol Dasgupta



Dr Vedang Shah



Dr Iqbal Hassan, Dr Ronen Roy and Dr P.K. Pooviah with the Bellevue Clinic team



Sanjay Budhia with Dr Manoj Agarwal



Mahesh Goenka said: "I was truly impressed by the wonderful ambience, holistic services, and the passionate approach of the healthcare providers."



Komal Dashora



Dr Biju Singh, Dr Shabnam Agarwal and Dr Jibak Mukherjee



Ayanabh Debgupta, regional director, east, Manipal Hospitals, posed with Dr Ramesh Agarwalla. He said: "The launch of this world-class facility brings together an exceptional team of psychiatrists, clinical psychologists, therapists, and certified mental health professionals, supported by internationally recognised assessment tools and advanced therapeutic infrastructure."



Minu Budhia with Dr Nandini Ray



Dr Amitabha Sarkar



Dr B.K. Manocha, Chandrima Manocha and Dr Anjan Siotia



Dr Moushumi and Dr Sachindra Rao



Dr Sabyasachi Mitra and Dr Sanjay Garg. "It is a privilege to have a set-up like Carring Minds in Calcutta," said Dr Garg.

Pictures courtesy: Carring Minds