# The Telegraph

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**METRO** 

## Special help at airport

### SANJAY MANDAL

Calcutta: The special assistance counter at the Calcutta airport should help all passengers with special needs, not just those who need wheelchairs, said a speaker at a workshop held at the airport on Monday.

"The airport and airlines provide assistance to passengers needing wheelchairs. But what about those who are intellectually challenged? The authorities need to provide proper assistance for them also..." said Minu Budhia, psychotherapist and founder-director of Caring Minds, an OPD mental health clinic.

Caring Minds, in association with the Airports Authority of India, held the sensitisation workshop. The aim was to bring about an inclusive flying experience by reaffirming the



Minu Budhia and C Pattabhi at the workshop

commitment of the airport staff and airlines to the challenges faced by individuals with special needs.

The awareness is needed because intellectual challenges are at times not visible. "A passenger with special needs may not always appear to be someone who needs assistance," said Budhia.

She said a dedicated corridor for intellectually challenged passengers and those accompanying them, should be created. There should be a dedicated queue and counter for them at the security hold area, too.

"At the boarding gate, there should be a small room for the intellectually challenged passengers, particularly children. The boarding area is very crowded and it's a huge area. So, often these children get overwhelmed."

Calcutta airport officials said they provide assistance to specially abled passengers.

"Not only passengers needing wheelchairs, but those who are specially-abled are also provided assistance," said C. Pattabhi, director of Calcutta airport, who took part in the workshop.

On the setting up of an area for intellectually challenged passengers, Pattabhi said: "We will put up a request with the headquarters in Delhi." mp City

millenniumpost

### Workshop held to ensure 'inclusive' flying experience



KOLKATA: Voluntary organisation, Caring Minds, in association with the Airport Authority of India (AAI) held a sensitisation workshop at the Kolkata Airport. The focus was to bring about an inclusive flying experience by reaffirming the commitment of airport officials, staff and different airlines officials about the challenges met by special needs individuals and families travelling by air.

Conducted by psychotherapist Minu Budhia, who is mother to a special needs daughter Prachi, and the founder-director of Caring Minds (OPD Mental Health Clinic), it was much appreciated by all the attendees and senior officials present. Budhia said: "All Airport and Airline officials and staff need to be made aware of the fact that the Special Assistance Counter is not only for passengers requiring wheelchairs, but also for individuals with intellectual challenges. This awareness is essential as several intellectual challenges are invisible - a special needs passenger may not always appear to be someone who needs assistance. Intellectual Disability is included in 'Divyang' so special needs passengers and their guardians (parents/siblings/caretaker) have the right to use the Divyang lane too. It's a very simple thing that will create an inclusive flying experience."

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10 Nation

### Suffer to Suhana Safar: Special Mom conducts Special Workshop at Kolkata Airport

**EOI CORRESPONDENT** 

KOLKATA, JUNE 12/--/Caring Minds in association with the Airport Authority of India (AAI) held a sensitisation workshop at the Kolkata Airport. The focus was to bring about an inclusive flying experience by reaffirming the commitment of airport officials, staff and different airlines officials about the challenges met by special needs individuals and families travelling by air. Conducted by psychotherapist MinuBudhia, who is mother to a special needs daughter Prachi, and the founder-director of Caring Minds (OPD Mental Health Clinic), it was much appreciated by all the attendees and senior officials present.

Psychotherapist MinuBudhia said, "All Airport and Airline officials & staff need to be made aware of the fact that the Special Assistance Counter is not only for passengers requiring wheelchairs, but also for individuals with intellectual challenges. This awareness is essential as several intellectual challenges are invisible - a special needs passenger may not always appear to be someone who needs assistance. Intellectual Disability is included in 'Divyang' so special needs passengers & their guardians (parents/siblings/caretaker) have the right to use the Divyang lane too. It's a very simple thing that will create an inclusive flying experience."

Iamso happy to be speaking on a topic so close to my heart. It is my aim to be on this awareness journey till mental

health and special needs are no longer hushhush or taboo. I am working towards an inclusive future where all individuals with special needs, intellectual challenges, and mental health issues are treated with the dignity and respect given to regular individuals.

C. Pattabhi, IAP (Director, AAI) said, "It is an excellent initiative and MinuJi must be congratulated for putting together a most uniqueworkshop which was definitely a very



Psychotherapist & Counsellor Minu Budhia (Founder of Caring Minds, ICan Flyy, Cafe ICan Flyy) and C. Pattabhi, IAP (Director, AAI) at Suffer to Safar: Special Needs Sensitisation Workshop held at Kolkata Airport by Caring Minds.-EOI Photo

insightful session for us. Further workshops tackling more topics in depth will surely benefit our staff.

I applaud MinuJi's dedication as a mother and a mental health professional. Most parents, as is natural, try to make their own children's

sufferings less. MinuJi has gone ten steps ahead and is working towards the betterment of all special families of India - I wish her all the best in her endeavours."

To help make air travel a Suhana Safar for special needs families

### TIMES CITY

### Flyers with special needs: Airport staff get lessons

Special security check

#### @timesgroup.com

Kolkata: Airline staff and CISF personnel at Kolkata airport, who screen and frisk passengers, were trained in handling the flyers with autism, speech impediment, attention deficit disorder and learning difficulties during a workshop on Monday Held at the airport, the workshop was attended by 60 CISF personnel along with some airli-

TIMES VIEW: Sensitisation sessions are essential to

make airport and security staff aware of the needs and rights of every flyer, Hopefully, cases of inappropriate treatment - which, anyway. are not very frequent - will reduce further. No flyer should be made to feel

discriminated against. ne officials and airport staff. The counsellors of a mental health institute, who conducted the workshop, taught them gestures and moves to communicate with the flyers with special needs.

"The special assistance counters at the airports are not only for the passengers requiring wheelchairs but also for those with intellectual challenges. The flyers with special needs may not always appear to be requiring assistance. Often, they look like normal passengers but they have certain difficulties. So a thorough understanding of the conditions is important

#### TIPS FROM COUNSELLORS



her attendant

> Allowing the use of

special toilets CISE officials should remain calm and treat these

 Clear instructions and talks with gestures Communication with a flyers with patience fluer with autism not his/

and that is what we taught the ugh gadgets can be challeng officials," said Minu Budhia, ing for the flyers with special founder, psychotherapist and needs. The airline staff and counsellor of Caring Minds. I CISF personnel were taught Can Flyy and Cafe I Can Flyy to make the process comfortthat help hundreds of childable for these passengers. ren with special needs in the Earlier, TOI reported the city Mother of a special child. who suffers from low IQ and ADHD. Budhia highlighted

the problems faced by the special children and their narents at the airport. "With intellectual disability included in 'Divyang' the passengers with special needs and their guardians have the right to use the Divvang lanes, too, It's a very simple thing that will create an inclusive flying experience for

these passengers," she added. The counsellors explained how simple things like standing in queues, baggage disappearance, following instructions and frisking thro-

problems faced by the specially-abled flyers at the airport. Disability activist Ghosh, who had faced harassment on multiple occasions. said. "Since I contact the CISF before travelling. I get a roval treatment now. Kolkata airport and CISF need to advertise about this facility so that others can avail of it as well." A senior airport official said they often fail to understand the needs of flyers with special needs and a miscommunication makes the

journey unpleasant for them.

"More workshops on the is-

sue will benefit our staff." the

official added.