

# Lessons in the school of love

## THE WONDER YEARS OF TEEN ROMANCE



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**Rebounds**

Well, studies show that a lot of people who have a break-up try to fill the void in their lives by finding other people to date. Sometimes, they do not even give themselves time to get over the feelings they had for their ex. So the chances that those unresolved feelings might transfer onto your new relationship and bog it down are pretty high. Anger and resentment, frustration and unmet expectations...if you're moving on too fast you might be carrying forward any or all of these emotions. So, slow down, take a deep breath and analyse whether you are ready to move on. It is better than picking up a tag like "playboy" or "easily available".

**In summary**

In short, your teen and tween years come only once in life. You are young and emotions are bound to run high. Be responsible for the relationships you are in. If heading for a break-up, make sure you know why it is happening. Don't just get into relationships for the heck of it...get into them with your eyes open.

And most importantly, have strong roots. Be close to your family or at least have that one person back home who knows the truth about who you are and how you think. There will be ups and downs in life... just make sure your hands are firmly on the wheel and you will be able to steer your life through them confidently.

Don't fall in the trap of MY BF/GF is too boring!!

Ruchi and Vikas were part of a circle of friends from their tuition classes in Class IX. Vikas really liked Ruchi's jovial and outgoing nature and after a six-month-long friendship, he proposed to her on Valentine's Day. After dating for almost a year, the couple broke up. Ruchi cited the pressure of board exams as one of the reasons she could not manage time for both studies and her relationship. They, however, remained in the same circle of friends and within a couple of months, both of them were seeing other people. Vikas claimed that it was awkward at first to be hanging out with the same group that had his ex but now his current girlfriend Nisha is very much a part of this group and Ruchi doesn't seem to mind.

Teenage years are full of ups and downs and not least among them are the many heartaches and heartbreaks that one undergoes. This is the time in life when parents seem to understand you less and less and friends and peers are the only ones from whom you can expect emotional support. It is often unavoidable to find someone in your peer group attractive and to want a relationship that is more than just a friendship with them. This is where the roller-coaster

ride of being in love begins.

**Making the most of time**

Managing a romantic relationship while meeting the demands of a student life is not as easy as it may seem. Parents are either absolutely against their children being in a relationship during their school years or they take it with a pinch of salt all the while keeping a hawk's eye on studies and marks. As young lovers, you may find yourselves struggling to make time for

extra classes, tuitions, sports, relaxation and your boyfriend/girlfriend. It helps if you are at school or maybe a coaching class together but most of all meeting time gets compromised during examination season.

**Keeping the love alive via social media**

A good way to handle time management issues is to stay connected through social media, calls and text messages...even if you cannot

be around, let your BF/GF know that they are sorely missed and that you are thinking about them often. For those who have had a few fights about "not spending enough time together" know that the best way to balance the act is to walk the tightrope between your schedule and his/hers with the aid of technology.

**Heartbreaks...**

Some relationships do not last because of commitment issues, some

do not because of space and time constraints, sometimes jealousy and suspicion are to blame and sometime, one is caught cheating on the other.

Whatever the cause may be, the life of a relationship formed in high school or college is rarely very long. So what do you do when you find yourself single and nursing a broken heart? Stalking your ex on social media sites and drowning yourself in self-pity are common but silly reactions.

## SNAPSHOTS OF LIFE ON SCHOOL CAMPUS

**A new beginning**

Life may not always be a fairy tale but dreams do come true. For students of Porabazar Ramdulali Mukherjee Uchcha Vidyalaya in Hooghly, going to school meant being cramped into a single classroom with 100 others. Things got better when a new three-storey building sprung up on the plot opposite to their school. The initiative was taken by Calcutta Metropolitan Round Table 41, along with Kolkata Victorian Round Table 227 and Calcutta Metropolitan Ladies Circle 65, with aid from Steel Authority of India Limited, Coal India and the local MP. The students were elated to get new classrooms and they also enjoyed being the cynosure of all eyes on the special occasion.



Boys in dhotis perform a dance with bamboo sticks



Two students of the school begin the auspicious day with a Ganesh Vandana



Time for a big hooray! Boys are all smiles in their new classroom, complete with a blackboard, desks, benches and fans



Draped in saris and hair pulled back in buns decorated with leaves, girls greet the guests with a tribal jhumur dance while a teacher accompanies them on a khol

Text by Trina Chaudhuri, pictures by Arnab Mondal



For students of Upper Infant at Mahadevi Birla World Academy, it was a tram ride they will not forget in a hurry. The heritage ride, part of a project on the monthly theme Transports, began from the Park Circus tram depot



**Abode of hope**

The inauguration of the new building of BDMI was an occasion to rejoice and be proud of. The evening started amid the chanting of Vedic mantras as the diya was lit and rose petals were floated in water. IPS Niraj Kumar Singh cut the ribbon and inaugurated the new building. Members of the school band and other students welcomed the guests with a colourful display of rings that signified unity and strength. The cultural programme began with the Ganesh Vandana. Little ones from the Garia branch of the school enthralled the audience with their dance performances. Senior students too presented a colourful and rhythmic dance routine, matching steps with a medley of songs, including Ustad Rashid Khan's popular number *Aoge jab tum*. Director and administrator Usha Mehta felicitated the guests and students, followed by a performance by singer Srikanta Acharya

Text sent by school



Pictures by Arnab Mondal